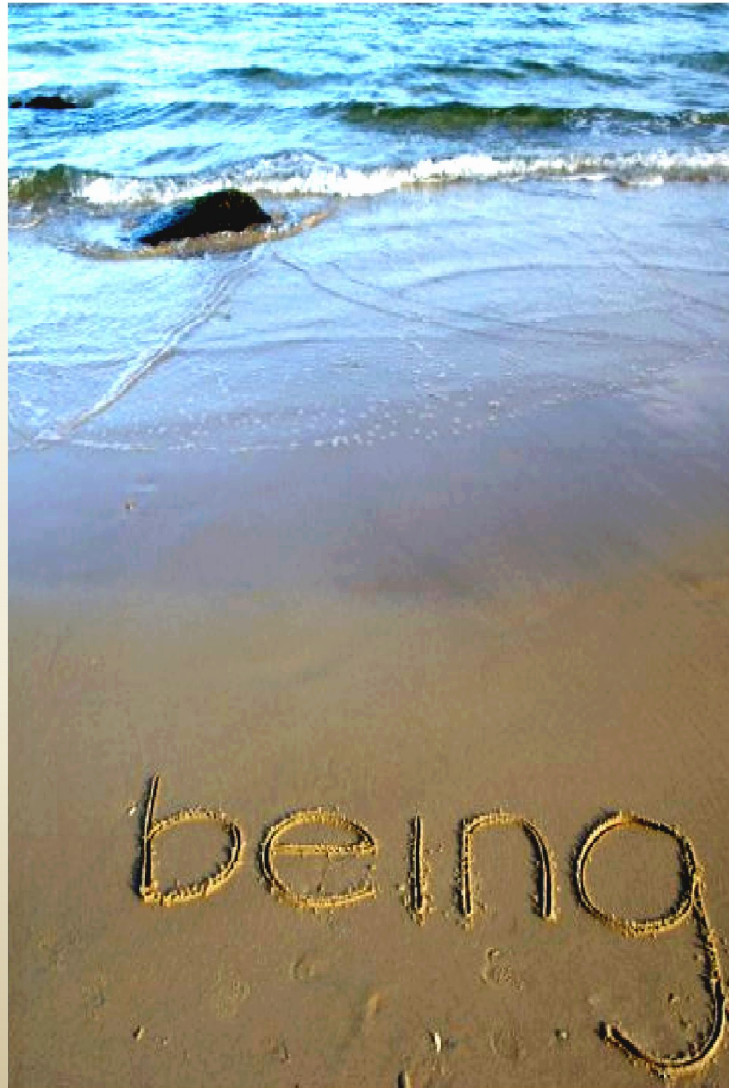


Don't forget your To Be list

...

Every day counts in 2013

- Be Present, be here and now
- Be Joyful
- Be Grateful
- Be Truthful
- Be Just & Fair
- Be Accepting & Patient
- Be Generous
- Be Loving & Compassionate
- Be Peaceful, Calm & Relax
- Be Purposeful & Steadfast
- Be a Courageous Warrior
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-
-
- Be Yourself!



January 2013							February 2013							March 2013									
CW	MO	TU	WE	TH	FR	SA	SU	CW	MO	TU	WE	TH	FR	SA	SU	CW	MO	TU	WE	TH	FR	SA	SU
1		1	2	3	4	5	6	5					1	2	3	9					1	2	3
2	7	8	9	10	11	12	13	6	4	5	6	7	8	9	10	10	4	5	6	7	8	9	10
3	14	15	16	17	18	19	20	7	11	12	13	14	15	16	17	11	11	12	13	14	15	16	17
4	21	22	23	24	25	26	27	8	18	19	20	21	22	23	24	12	18	19	20	21	22	23	24
5	28	29	30	31				9	25	26	27	28				13	25	26	27	28	29	30	31
April 2013							May 2013							June 2013									
CW	MO	TU	WE	TH	FR	SA	SU	CW	MO	TU	WE	TH	FR	SA	SU	CW	MO	TU	WE	TH	FR	SA	SU
14	1	2	3	4	5	6	7	18			1	2	3	4	5	22						1	2
15	8	9	10	11	12	13	14	19	6	7	8	9	10	11	12	23	3	4	5	6	7	8	9
16	15	16	17	18	19	20	21	20	13	14	15	16	17	18	19	24	10	11	12	13	14	15	16
17	22	23	24	25	26	27	28	21	20	21	22	23	24	25	26	25	17	18	19	20	21	22	23
18	29	30						22	27	28	29	30	31			26	24	25	26	27	28	29	30
July 2013							August 2013							September 2013									
CW	MO	TU	WE	TH	FR	SA	SU	CW	MO	TU	WE	TH	FR	SA	SU	CW	MO	TU	WE	TH	FR	SA	SU
27	1	2	3	4	5	6	7	31				1	2	3	4	35							1
28	8	9	10	11	12	13	14	32	5	6	7	8	9	10	11	36	2	3	4	5	6	7	8
29	15	16	17	18	19	20	21	33	12	13	14	15	16	17	18	37	9	10	11	12	13	14	15
30	22	23	24	25	26	27	28	34	19	20	21	22	23	24	25	38	16	17	18	19	20	21	22
31	29	30	31					35	26	27	28	29	30	31		39	23	24	25	26	27	28	29
																40	30						
October 2013							November 2013							December 2013									
CW	MO	TU	WE	TH	FR	SA	SU	CW	MO	TU	WE	TH	FR	SA	SU	CW	MO	TU	WE	TH	FR	SA	SU
40		1	2	3	4	5	6	44					1	2	3	48							1
41	7	8	9	10	11	12	13	45	4	5	6	7	8	9	10	49	2	3	4	5	6	7	8
42	14	15	16	17	18	19	20	46	11	12	13	14	15	16	17	50	9	10	11	12	13	14	15
43	21	22	23	24	25	26	27	47	18	19	20	21	22	23	24	51	16	17	18	19	20	21	22
44	28	29	30	31				48	25	26	27	28	29	30		52	23	24	25	26	27	28	29
																1	30	31					

- Add your own To-Be items
- Do not throw away your To-Do list, just attend to it after your To-Be list
- This song might help: "be-do-be-do-be..." Note the start with "be", not the usual "do".